

BONHOMME RICHARD'S ALMANAC

Val. 2, No. 116

July 2, 200

"I have not yet begun to fight!"



NUCLEAR SHIELD: ABC'S OF CLINTON PLAN

By William J. Broad

For ages, nations have dreamed of building invulnerable shields to protect themselves from hostile forces. There was the Great Wall and the Maginot Line and, in America, the Safeguard anti-missile system and Star Wars. All fell short. Now, the Clinton administration may try again, this time with an anti-missile weapon.

Officials at the Pentagon and experts outside the government say this technology has reached a new level of maturity. They argue that the combination of miniaturized parts and fast rockets can produce an agile, lightweight weapon that can find and ram an incoming warhead at about 7,000 mph. But critics are skeptical that it can work, and even its advocates compare the challenge to developing the atom bomb and putting men on the moon.

A crucial flight test of the technology is set for next Friday, when a ground-based interceptor missile is to thunder aloft and try to destroy a mock warhead in space. If it goes well, President Clinton may decide this fall whether to build the first phase of the so-called national missile defense.

The central feature of the proposed anti-missile system would be a supersmart "exoatmospheric kill vehicle" designed to be carried atop a rocket and guide itself to a collision with an incoming warhead.

The scope of the proposed project is enormous. By the time it is complete, the shield would require at least two launching sites, three command centers, five communication relay stations, 15 radars, 29 satellites, 250 underground silos and 250 missile interceptors.

RAINBOW IN THE SKY

While steaming alongside
USS BONHOMME
RICHARD (LHD
6) yesterday
morning, USS
DENVER (LPD
9) and USS
PEARL HARBOR



(LSD 52) had a rainbow arched above them as they moved into formation. (Photo by JO3 Laura C. Wiggins.)

NATIONAL NEWS

CNO SENDS CONGRATULATIONS TO ARG

By Adm. Jay L. Johnson, Chief of Naval Operations

Congratulations and well done to the Sailors and Marines of BONHOMME RICHARD Amphibious Ready Group on your superb deployment. As you steam toward a well-deserved homecoming with family and friends, know that you have earned the respect and admiration of your shipmates and nation for the superb execution of your deployment.

Your performance during Operation SOUTHERN WATCH was magnificent. Demonstrating the flexibility of our Amphibious Ready Group, you flawlessly executed repeated demanding operations.

You also responded to emergent tasking with enthusiasm and professionalism, supporting the peacekeeping and Humanitarian Operations of the International Forces in East Timor. Additionally, your superb execution on multinational exercises such as EAGER MACE, EASTERN MAVERICK, SEA SOLDIER, and many others highlighted the important role Amphibious Ready Groups play in diplomacy and interoperability

BONHOMME RICHARD'S ALMANAC

Capt. Robert J. Connelly, Commanding Officer JOC(SW/AW) Stephen K. Robinson, Rublic Affairs Officer JO1(SW) Robert W. Garrand, Asst. Rublic Affairs Officer JO3 Laura C. Wiggins, Rditor LII Jimmie Claspell, Print Shop

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with our friends and allies.

Your performance has redefined the standard of superior performance for ARG deployments. My sincere thanks to each and every one of you. You should be justly proud of your outstanding contributions to our country. Enjoy your well-deserved homecoming. I am proud of you.

STOCK MARKET

The Nasdaq composite index closed with a loss of 63.11 points, or 1.6 percent, at 3,877.23. The Dow Jones Industrial average fell 129.75 points, or 1.23 percent, to 10,398.04. The Standard & Poor's 500-stock index fell 12.43 points, or 0.85 percent, to 1,442.39.

SUNDAY'S SITE TV SCHEDULE

CHANNEL 2

1000 DAYS OF THUNDER
1150 THE RIGHT STUFF
1500 ALL FOR LOVE
1630 BATMAN RETURNS
1830 SNOW DAY
2000 AN IDEAL HUSBAND
2140 POLTERGEIST

CHANNEL 6

1000 THE WILD WILD WEST
1150 DEEP END OF THE OCEAN
1340 NAKED GUN
1500 SAME RIVER TWICE
1630 NOTTING HILL
1830 UNIVERSAL SOLDIER
2000 SLEEPY HOLLOW
2140 SIMON BIRCH

TV SCHEDULE SUBJECT TO CHANGE DUE TO OPERATIONAL COMMITMENTS

NATIONAL/INTERNATIONAL NEWS

CAMPAIGN FINANCE BILLAPPROVED By New York Times

The Senate approved a bipartisan bill Thursday that requires a growing number of secretive taxexempt groups that raise and spend money on political activities to reveal their donors and expenditures. President Clinton said he would sign the measure into law, the first important change in the nation's campaign finance law in nearly a quarter-century.

WILDFIRE AT NUCLEAR COMPLEX By Associated Press

A wildfire ignited by an auto accident raged across the sagebrush of the Hanford nuclear complex Thursday. At least 25 houses were destroyed, and about 7,000 people were driven from their homes. The fire, which began on Tuesday, has covered at least 180,000 acres. The fire was about three miles from highly radioactive material, but a spokeswoman said Energy Department facilities were not threatened.

\$1.3 BILLION VOTED TO FIGHT COLOMBIA DRUG WAR

The House approved an \$11.2 billion spending bill that includes more than a billion dollars in emergency aid to battle drug traffickers and their rebel allies in Colombia. The Senate is expected to pass the same measure on Friday and send it to President Clinton for his signature before Congress adjourns for the weeklong July 4 recess.

Controversy has raged over the centerpiece of the legislation, \$1.3 billion in assistance to help train and equip Colombian army and police forces. A crucial component is a fleet of sophisticated transport and attack helicopters to ferry Colombian troops.

Critics in both parties have warned that the aid to Colombia would be a dangerous escalation in an unwinnable Vietnam-style conflict that has already claimed thousands of lives in the past four decades. But supporters, including Speaker Dennis Hastert and President Clinton, have pushed hard to help an important Latin American ally stem the tide of drugs flowing into the United States.

The bill would also finance the military's peacekeeping mission in Kosovo, provide disaster relief to

flood and wildfire victims in the United States and make a down payment on a new Second Avenue subway in Manhattan. The package has \$661 million to pay reconstruction costs for the 400 families in Los Alamos, N.M., who lost their homes after the devastating fire there two months ago.

Also tucked in were odds and ends like \$17.5 million to improve fire safety in the Capitol, and \$4.5 million to reimburse the District of Columbia police department for costs related to protests at the recent meetings of the International Monetary Fund.

MORNING RENDEZVOUS



USS ESSEX (LHD 2), pictured above, and USS BONHOMME RICHARD (LHD 6) sailed together for a while yesterday as ESSEX made her way to relieve USS BELLEAU WOOD (LHA 3) in Japan. (Photo JO3 Laura C. Wiggins.)

SPORTS

ROUND ONE GOES TO ROCKER By Tyler Kepner

Atlanta Braves relief pitcher John Rocker was the reason a combined total of more than 1,000 reporters and police officers showed up for a June ball game at Shea Stadium.

On video before the game, the Mets replayed his pre-game statement in which he apologized for his offensive ranting in a December magazine article. They booed then, and they stood and shouted when Rocker bolted from the bullpen before the bottom of the eighth inning.

His assignment was to protect the Braves' 6-4 lead. With debris pelting the field as he ran, Rocker looked like a soldier on a suicide mission through enemy territory. As the crowd chanted at him profanely, Rocker set down the Mets' 5-6-7 hitters in order. The Braves ended the Mets' sevengame winning streak.

MINI-TIGER CRUISE NOTE

The ship will have a Mini-Tiger Cruise from 23 to 24 of July. Mini-Tigers will embark the ship via LCU's out of Camp Pendleton on the 23rd and will ride the ship to San Diego. The same eligibility requirements for our extended Tiger cruise apply to the Mini-Tiger cruise. If you are inter-



Other NL scores:

St. Louis	12	Cincinnati	3
Milwaukee	8	Philadelphia	6
Colorado	11	San Francisco	4

AL scores:

Toronto		12	Tampa	Bay	3
Texas		3	Oakland		1
N.Y.	Yankees	8	Detroi	_t	0
Bosto	n	12	Baltir	nore	4



Revolutionary Gator Of The Day



SH3 Brian L. Wiley
Supply Department, S-3 Division
Hometown: Chicago, IL
Qualifications: Vending Operator/
Laundryman/Crew's Barber

SH3 Wiley works diligently to provide a variety of outstanding services to the crew. This deployment he excelled while providing quality and expeditious laundry services, ensuring vending machines are filled for your convenience, and providing superior barber services.

DAPA CORNER

HERE ARE THE STRAIGHT FACTS...

About Cocaine and Crack Cocaine

Cocaine is a white powder that comes from the leaves of the South American coca plant. Cocaine is either "snorted" through the nasal passages or injected intravenously. Cocaine belongs to a class of drugs known as stimulants, which tend to give a temporary illusion of limitless power and energy that leave the user feeling depressed, edgy, and craving more.

Crack is a smokable form of cocaine that has been chemically altered. Cocaine and crack are highly addictive. This addiction can erode physical and mental health and can become so strong that these drugs dominate all aspects of an addict's life.

Physical risks associated with using any amount of cocaine and crack:

Increases in blood pressure, heart rate, breathing rate, and body temperature. Heart attacks, strokes, and respiratory failure. Hepatitis or AIDS through shared needles. Brain seizures. Reduction of the body's ability to resist and combat infection.

Psychological risks:

Violent, erratic, or paranoid behavior.

Hallucinations and "coke bugs"—a sensation of imaginary insects crawling over the skin.

Confusion, anxiety and depression, loss of interest in food or sex

"cocaine psychosis"—Losing touch with reality, loss of interest in friends, family, sports, hobbies, and other activities

Some users spend hundred or thousands of dollars on cocaine and crack each week and will do anything to support their habit. Many turn to drug selling, prostitution, or other crimes. Cocaine and crack use has been a contributing factor in a number of drownings, car crashes, falls, burns, and suicides.

Cocaine and crack addicts often become unable to function sexually. Even first time users may experience seizures or heart attacks, which can be fatal.



Creative Saving Strate

Once you have made the commitment to start a savings plan, and you've decided to put your money in, the crucial question you may ask yourself is, "Where am I to put away?" Listed below are ways to save that may help you in your effort to b Have Fun!

Remember, money is not "saved" until it is truly i

- When payday comes around, always pay your savings account first as though it were a regular bill. Direct deposit is probably the easiest way to do this. Remember, the amount you deposit is not as important as depositing something on a regular basis.
- Shift a debt payment into your savings account after making that final payment. Your savings account will grow very quickly this way!
- Put any unexpected sums of money into savings (reenlistment bonuses, tax refunds, birthday/anniversary checks, year-end bonuses, lottery jackpots!).
- Scrimp one month out of the year! Let your imagination go wild on how you can save as much as possible for one month. Knowing that this episode of frugality will end in 30 days may help add to your motivation.
- Give up one trip to a fast food place per week and make a cack lunch to eat instead. But the

If you have a family, get

- Make some family sa (save for vacation, a c an amusement park).
- Show the children ye and add up the numl the money is being al family consensus on back, and task each p savings responsibility
- Make a game out of Offer special rewards their own savings gos for a toy, a trip to the or a first car).
- Hugs, smiles, and we rewards, unless you? dollar amount for a s your child is working

Return and Reunion

Are you ready to see your family and friends in San Diego? How will you act around your children or spouse? Do you know how to adjust to your newborn baby? Do you plan to buy a car? How will your financial state change? Are you getting out of the Navy in the near future? What can the Navy Family Service Center do for you?

Shaunda Stucker and Theresa Misenko, two representatives from the San Diego Navy Family Service Center will be arrive on Monday, July 3. They will present seminars on eleven topics listed below. They will also be available for questions. The seminars will be held in the classroom and some will be broadcast on SITE TV. Make your return and reunion a successful one. Space is limited so please contact Lt. Townsend, X7363, for more information.

Seminar Topics

- 1. REUNION impact on family relationships
- 2. RE-ESTABLISHING INTIMACY resuming intimacy in a relationship
- 3. NEW PARENTS parents with newborns
- 4. RETURN TO CHILDREN how to reconnect with your children
- 5. SINGLE PARENTS re-establishing your place in your child's life
- 6. CAR BUYING how to save money and not get ripped off
- 7. MONEY MANAGEMENT practical advice on financial matters
- 8. SINGLE SAILORS/MARINES RETURN about adjustment, relationships and current activities in homeport area
- 9. TROUBLED RELATIONSHIPS possible separation or divorce
- 10. TRANSITION ASSISTANCE employment awareness for those preparing to separate or retire within the next six months
- 11. NAVY FAMILY SERVICE CENTER (NSFC) SERVICES AND PROGRAMS

Monday, 3 July

Wardroom

1330-1530 Officer Training

- -REUNION impact on family relationships
- -RE-ESTABLISHING INTIMACY resuming intimacy in a relationship
- -RETURN TO CHILDREN how to reconnect with your children

Tuesday, 4 July

Classroom

 $0800-0900\,$ —WHAT NSFC CAN DO FOR YOU - NFSC services and programs

0900-1000 —TRANSITION ASSISTANCE - employment awareness for those preparing to separate or retire within the next six months

1000-1100 —SINGLE SAILORS/MARINES RETURN - about adjustment, relationships and current activities in homeport area (TAPE)

Wednesday, 5 July

Wardroom

0800-1000 Chief Training

- $-\mbox{REUNION}$ impact on family relationships
- -RE-ESTABLISHING INTIMACY resuming intimacy in a relationship
- -RETURN TO CHILDREN how to reconnect with your children

Messdecks

1400-1600

- -REUNION impact on family relationships
- -RE-ESTABLISHING INTIMACY resuming intimacy in a relationship
- -RETURN TO CHILDREN how to reconnect with your children

Classroom

1300-1400

-TROUBLED RELATIONSHIPS - possible separation or divorce

1400-1500

-CAR BUYING - how to save money and not get ripped off

1500-1600

-TRANSITION ASSISTANCE - employment awareness for those preparing to separate or retire within the next six months 1800-1900

-SINGLE PARENTS - re-establishing your place in your child's life

Thursday, 6 July

Messdecks

0900-1000

-SINGLE SAILORS/MARINES RETURN - about adjustment, relationships and current activities in homeport area 1400-1500

-RE-ESTABLISHING INTIMACY - resuming intimacy in a relationship

RETURN AND REUNION from Page 7

Classroom

0800-0900

-TROUBLED RELATIONSHIPS - possible separation or divorce

0900-1000

-TRANSITION ASSISTANCE - employment awareness for those preparing to separate or retire within the next six months

1000-1100

-MONEY MANAGEMENT - practical advice on financial matters

Friday, 7 July

Messdecks

0830-0930

-SINGLE PARENTS - re-establishing your place in your child's life

1400-1500

-RETURN TO CHILDREN - how to reconnect with your children

Classroom

0800-0900

-NEW PARENTS - parents with newborns

0900-1000

-TRANSITION ASSISTANCE - employment awareness for those preparing to separate or retire within the next six months

1000-1100

-MONEY MANAGEMENT - practical advice on financial matters

1300-1400

-CAR BUYING - how to save money and not get ripped off

1400-1500

-TROUBLED RELATIONSHIPS - possible separation or divorce

1500-1600

-WHAT NSFC CAN DO FOR YOU - NFSC services and programs

Saturday, 8 July

Messdecks

0830-0930

-TROUBLED RELATIONSHIPS - possible separation or divorce

1400-1500

-REUNION - impact on family relationships

Classroom

1000-1100

-SINGLE PARENTS - re-establishing your place in your child's life

1300-1400

-MONEY MANAGEMENT - practical advice on financial matters

1400-1500

—SINGLE SAILORS/MARINES RETURN - about adjustment, relationships and current activities in homeport area 1800-1900

-NEW PARENTS - parents with newborns

Sunday, 9 July

Classroom

1300-1400

-TRANSITION ASSISTANCE - employment awareness for those preparing to separate or retire within the next six months

1400-1500

-WHAT NSFC CAN DO FOR YOU - NFSC services and programs

1500-1600

-SINGLE SAILORS/MARINES RETURN - about adjustment, relationships and current activities in homeport area 1800-1900

-TROUBLED RELATIONSHIPS - possible separation or divorce

Monday, 10 July

Classroom

0800-0900

-NEW PARENTS - parents with newborns

0900-1000

-TRANSITION ASSISTANCE - employment awareness for those preparing to separate or retire within the next six months

1000-1100

-WHAT NSFC CAN DO FOR YOU - NFSC services and programs

1300-1400 —CA

-CAR BUYING - how to save money and not get ripped off

1400-1500

-MONEY MANAGEMENT - practical advice on financial matters